

Darlington CC Open 10 MILE TIME TRIAL
VTTA (North) Event

Sunday 17 September 2023

First rider off: 10:01



EVENT OFFICIALS

Timekeeper: Geoff Watson
Assistant Timekeeper: Steve Fullerton
HQ: Mike Drake

EVENT SECRETARY

Marcel Schubert
21 Bleath Ghyll
Darlington
DL2 2GS
Mobile: 0741 21 02 735
Mobile during the event: 07702 311081 (Mike Drake at HQ)
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EVENT HEADQUARTERS

Leeming Village Hall
Mill Lane, Leeming
North Yorkshire
DL7 9SS
Open from 9:00 am on event day

AWARDS

There will be no awards. Instead, we have reduced the entry fee to £10, which is a benefit to all riders. There will be free High5 products for all riders courtesy of Keith Murray and [windwave](#).

RESULTS

Link to live results:

<https://resultsheet.app/rsd/1694534475536x941611289206849500>

or use the QR code with your mobile device. We will also have these on display at HQ. Please note that live results are preliminary until checked by our timekeeper. Final results will be published on the CTT website.



Veteran Handicap results are courtesy of [VTTA - Veterans Time Trials Association](#). The Veterans Time Trials Association is for anyone 40 years of age and over who has an interest in cycle racing, and specifically in time trialling. If this is you, please consider joining.

COURSE RECORDS

TT bike men + juniors: 20:17 (Matthew Cole), TT bike women: 26:24 (Caroline Ratcliff), Road bike men: 22:16 (Shaun Tyson), Road bike women: 30:42 (Louise Watson) all set on 9th October 2022.

Course Discription: Start at manhole cover at north end (Catterick side) of high-rise bridge over A1(M) on the A6055. (Approximately 3yds from start of blacktop of bridge footpath decking). Proceed south on A6055 to Leeming Interchange (Bedale by-pass) roundabout, where take 5th exit, signposted A684, Bedale/Leyburn. (2.76mls) Continue on A684 to Bedale North Roundabout. (4.42mls). Encircle roundabout and proceed back along A684 eastbound to first roundabout, (6.1mls) taking the 1st exit onto A6055. Proceed Northwards, passing start to finish at marked grate on west side of road, approx. 1.2 miles north of start. (10mls) Please note all mileages are approximate)

Downloadable Course Map: <https://www.plotaroute.com/route/1802083>

Headquarters

On race day, the HQ will be open from 09:00. Please don't arrive before then. You must sign in and out from the event - failure to do both will result in disqualification. Don't forget to return your number after you finished and please stay for tea / coffee / cake.

Finding the HQ

The HQ is at Leeming Village, not Leeming Bar. The nearest junction of the A1M is Junction 51. The Village is immediately adjacent (North West) of RAF Leeming on Roman Road. Mill Lane is directly opposite The Willow Tree Inn.

Parking

Nobody should park in the village itself or directly outside the hall (except officials). This is an agreement we have with the trustees of the hall. Please respect this at this sensitive time. Parking in the area is not difficult, particularly along the perimeter to the adjacent RAF Leeming Airfield – towards Londonderry. This is less than 0.5 miles from the HQ. Ideally ride or walk to the HQ please.

Directions from HQ to Start:

- approximately 5.8 miles and perfect for warming up
- Exit village hall and at main road turn left in northwards direction along Roman Road
- In Leeming Bar village, at the Bedale/Northallerton road T-junction (Co-op on right) turn right towards Northallerton and left at the nearby mini-roundabout onto Leases Road towards Industrial Estate, Wensleydale Railway
- Cross the A684 roundabout via 2nd exit and continue towards Kirkby Fleetham via right turn onto Low Street immediately after the roundabout
- Continue along Low Street for approx. 3.5 miles until the T-junction with the A6055 – Note: This is the entry point of the T504 course
- At the T-junction turn left in southern direction towards Leeming and the start is at the entry of the bridge over the A1
- Downloadable route: <https://www.plotaroute.com/route/2008977>

Warming up

Please do not warm up on the course. The road from HQ to the start should be ideal for warming up.

Start line protocol

Remember you must wear a **safety helmet** and have your bike equipped with a working **front and rear light** – you will not be permitted to start without this.

There will be no pushing off, you are required to start with one foot on the ground.

Directions from Finish to HQ:

- **DO NOT attempt to U-turn within the vicinity of the finish, see Regulation 2 below!**
Continue straight ahead in northern direction until the finish is well out of sight before turning around.
- After turning continue along the A6055 in the southern direction and turn left towards Kirkby Fleetham onto Low Street. This route will avoid you passing the start while the event is still in progress. Do not pass the start while riders are still to set off.
- From this point retrace the route you took from HQ towards the start but in the opposite direction
 - Distance approximately 6.8 miles
 - Downloadable route: <https://www.plotaroute.com/route/2009043>

Additional notes and local Regulations

1. No 'Warming up' by competitors is allowed on the course once the event has started. Please respect this and ensure your vehicle is not on, or on the verge, of any part of the A6055 that is used by competitors.
2. No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
3. After you have finished, do not pass the start on your return to HQ while riders are still being set off. Use the route described above.
4. Marshals placed to direct competitors ONLY. They have no powers to stop/direct other road users.
5. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
6. Parental Consent forms are required for riders under the age of 18
All riders in this category must provide a completed and signed (original) Parental consent form on race day before they will be allowed to sign on.
<https://www.cyclingtimetrials.org/documents/index/guardians>

2023 Teesside District Road Bike Specifications

Signing On

When signing on YOU MUST tick the required column to indicate that you are to compete on a road bike. The onus is on you. If you do not tick the column, we will not know you want inclusion in the road bike category and you will be incorporated into the main field and will not qualify for any road bike award. *(note that there is no facility to separate road bike and general field rides on the CTT website so they will all appear in time order as one block)*

The Rider

No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.

Use of skinsuits is permitted.

No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

The Machine

The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.

No time trial style or triathlon forward extension bars with or without elbow pads will be present.

Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category/result, but included in the open event result.

Start list

FAO all riders on road bike: please remember to tick the road bike column when you sign in on the day of the event.

number	start_time	firstname	lastname	machine	club	gender	category	age
1	10:01	Jo	Scott	TT Bike	Darlington Cycling Club	Female	Veteran	60
2	10:02	Gavin	Russell	TT Bike	Cleveland Coureurs	Male	Veteran	77
3	10:03	Paul	Brierley	TT Bike	Huddersfield RC	Male	Veteran	56
4	10:04	Steven	Moody	Road Bike	Teesdale CRC	Male	Veteran	42
5	10:05	Paul	Newman	TT Bike	Richmond CC	Male	Veteran	56
6	10:06	Lilly	McNabb	TT Bike	Hyper Endurance	Female	Senior	30
7	10:07	Alan	Sides	TT Bike	Rotherham Wheelers Cycling Club	Male	Veteran	79
8	10:08	Stephen	Broadley	Road Bike	Otley CC	Male	Veteran	70
9	10:09	Paul	Dawson	TT Bike	VTTA (North)	Male	Veteran	62
10	10:10	Adrian	Dent	TT Bike	Team Ohten Aveas	Male	Veteran	62
11	10:11	Annabelle	Carter	Road Bike	Manilla Cycling	Female	Juvenile	12
12	10:12	Tom	Broadley	TT Bike	Otley CC	Male	Senior	35
13	10:13	Robert	Boak	Road Bike	Tyneside Vagabonds CC	Male	Veteran	67
14	10:14	Mike	Cole	TT Bike	Huddersfield RC	Male	Veteran	78
15	10:15	Stephen	Adamson	TT Bike	Fietsen Tempo	Male	Veteran	50
16	10:16	Caroline	Ratcliff	TT Bike	Ferryhill Whs	Female	Veteran	58
17	10:17	Sarah	Foulds	TT Bike	Velo Culture	Female	Veteran	42
18	10:18	Stuart	Phillipson	TT Bike	Kendal Cycle Club	Male	Veteran	50
19	10:19	Alistair	Cole	TT Bike	Clifton CC York	Male	Veteran	57
20	10:20	Matt	Hill	TT Bike	Zurbaran Racing	Male	Veteran	63
21	10:21	Kevin	Chapman	TT Bike	Clifton CC York	Male	Veteran	55
22	10:22	Sophie	Heighton	TT Bike	Ferryhill Whs	Female	Junior	16
23	10:23	Andy	Rose	Road Bike	Darlington Cycling Club	Male	Veteran	46
24	10:24	Gareth	Shepherd	TT Bike	Bramley Wheelers CC	Male	Veteran	46
25	10:25	Sam	Straw	TT Bike	ADDFORM Vive Le Velo	Male	Senior	33
26	10:26	David	Hird	TT Bike	Hambleton RC	Male	Veteran	47
27	10:27	David	Nichol	TT Bike	Ferryhill Whs	Male	Veteran	71
28	10:28	Alasdair	Bruce	TT Bike	Yorkshire Road Club	Male	Veteran	66
29	10:29	Paul	Tyler	TT Bike	Ferryhill Whs	Male	Veteran	65
30	10:30	Toby	Simpson	TT Bike	Fietsen Tempo	Male	Junior	18
31	10:31	Iain	Hodgson	Road Bike	Darlington Cycling Club	Male	Senior	34
32	10:32	Mark	Burtonshaw	TT Bike	Harrogate Nova CC	Male	Veteran	65
33	10:33	Edward	Kingsley	TT Bike	Darlington Cycling Club	Male	Veteran	40
34	10:34	Andy	Wond	TT Bike	Sowerby Sunday Club	Male	Veteran	61
35	10:35	Euan	Adam	TT Bike	Durham City Velo	Male	Senior	23
36	10:36	James	Meadows	TT Bike	Cleveland Wheelers CC	Male	Senior	34
37	10:37	Malcolm	Steer	TT Bike	Darlington Cycling Club	Male	Veteran	58
38	10:38	Shaun	Wakes	TT Bike	Ferryhill Whs	Male	Veteran	55
39	10:39	Ray	Hall	TT Bike	Adept Cycling	Male	Veteran	62
40	10:40	Jemil	Tokdemir	TT Bike	Team ASL-Bolton	Male	Senior	33
41	10:41	Keith	Murray	TT Bike	Vector Racing	Male	Veteran	48